

ACTIVITY 4B

MAKING INFORMED DECISIONS

DECISION-MAKING STEPS



1. **Identify the decision to be made.**

2. **Brainstorm possible options or choices.**

3. **Select the options that are the best.**

4. **List the positives and negatives of each selected option.**

5. **Think about short-term and long-term consequences.**

6. **Choose the best option.**

RANKING THE OPTIONS HANDOUT

RANKING THE OPTIONS

Rank the items listed down the left side based on the criteria (information & facts) you have available.

ITEMS TO RANK	CRITERIA Appearance	CRITERIA Appearance & weight	CRITERIA Appearance, weight, & what's in the bag

TEST VERSUS MOVIE OPTIONS

Your boyfriend/girlfriend/
friend wants to watch the
movie with you.

The test is in
chemistry and you want
to be a doctor.

Your parents forbid you
to watch the movie,
because it is R rated.

You dislike the teacher.

You are the only one in
your group who hasn't
seen the movie.

You have a D in the class.

The test doesn't count
toward much of your
grade.

Your parents will be gone.

The movie will be
shown in theatres next
week also.

TEST VERSUS MOVIE INFORMATION CARDS

**WATCH THE
MOVIE, THEN
GO TO BED.**

**STUDY AND
DON'T WATCH
THE MOVIE.**

WATCH THE MOVIE AND STAY UP REALLY LATE TO STUDY.

**DECIDE YOU
WILL JUST
CHEAT ON
THE TEST.**