

BUILDING HEALTHY RELATIONSHIPS

HEALTH ROCKS![®] CHECK UP!

Student Handout

DIRECTIONS:

Use these questions to share what you have learned. Complete the questions below and return the quiz to your group leader.

1. A mentor is someone to turn to in times of need.
 True
 False
2. Youth cannot serve as mentors to other youth because they are too young.
 True
 False
3. Name three individuals who could serve as a mentor
1. _____
2. _____
3. _____
4. In today's day and age, the _____ is the most common place for youth to meet friends.
A. Playground
B. Online environment
C. Mall
5. Adolescents start spending more time with their peers than with their parents.
 True
 False
6. Only those youth with problems need mentors.
 True
 False
7. What would you like to share about what you have learned?
8. How might you use what you have learned?