

CHAPTER FIVE: WHO SAYS IT'S NORMAL? - WHAT DO YOU KNOW?

HEALTH ROCKS!® CHECK UP!

Directions:

Use these questions to share what you have learned. Complete the questions below and return the quiz to your group leader.

1. It is normal for most youth to vape. True / False
2. What does norm mean?
 - a. Influenced by a lot of things
 - b. Thinking that something is usual or typical for a specific group of people
 - c. Basing decision on your beliefs and values
3. Your best friend is an example of an indirect influence. True / False
4. Name three examples of indirect influences.
5. Peer pressure is always negative. True / False
6. What would you like to share about what you have learned?
7. How might you use what you have learned?