

# FAMILY / COMMUNITY CORNER REMINDER CARDS

## **Activity 5A: Which Way Do I Go?**

### **FAMILY CORNER:**

Do the **WHAT'S THE NORM?** activity with your family. Explain norms to them and ask them to share what the norms were when they were growing up. Discuss what you learned about tobacco, alcohol, and other drug use with your family. Were they surprised by the numbers? Why or why not?

### **Community Corner:**

Make a large poster with some of the statistics you learned and hang it in your school. Talk with friends about what the norm is for tobacco, alcohol, and other drug use and how using them is **NOT** the norm.

## **Activity 5B: Circles Of Influence**

### **FAMILY CORNER:**

Complete the **CIRCLES OF INFLUENCE** activity with your family. Ask them who directly influences them, who indirectly influences them and how.

### **Community Corner:**

Listen to the news and/or read the news online. Keep track of ways that you are being influenced by what is happening locally, within the state, nationally, and internationally. Discuss this with your parents. Share with the entire group.

## **Activity 5C: What Do I Believe?**

### **FAMILY CORNER:**

Share the straw and ball/balloon activity with your family. Complete the **WHAT ARE MY BELIEFS? Handout** with them. Ask your parents what their values and beliefs are and how those beliefs influence their choices.

### **Community Corner:**

Have youth select a place where they can hang their belief statement posters about tobacco, alcohol, and other drugs. Discuss why it's important to let others know what you value and believe.