

CHAPTER 8:

HEALTH ROCKS![®] CHECK UP!

Directions:

Use these questions to share what you have learned. Complete the questions below and return the quiz to your group leader.

1. Many signs and symptoms of tobacco, alcohol, and drug use were shared. Name five and which drug they might be associated with.
2. When is the best time to talk to a friend who is using drugs?
3. What are five of the seven steps discussed for helping a friend?
4. What would you like to share about what you have learned?
5. How might you use what you have learned?