

Monica

Not Okay

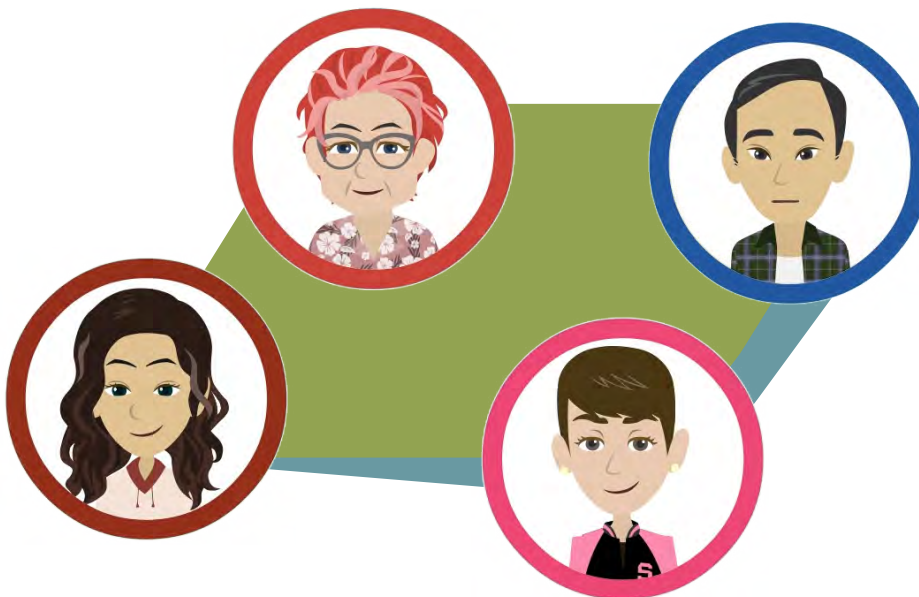
Family Discussion Guide

EYFP

These are some sample questions for Episode 5. Use the ones that seem helpful or interesting. You may have your own questions as well.

Opening

Before you watch the video, what are three words you would use to describe each of these characters? Explain.



Sometimes, people can do or say things that surprise us. During these moments, we can learn more about who that person is. As you watch today, keep track of any moments where you are surprised about one of the characters.



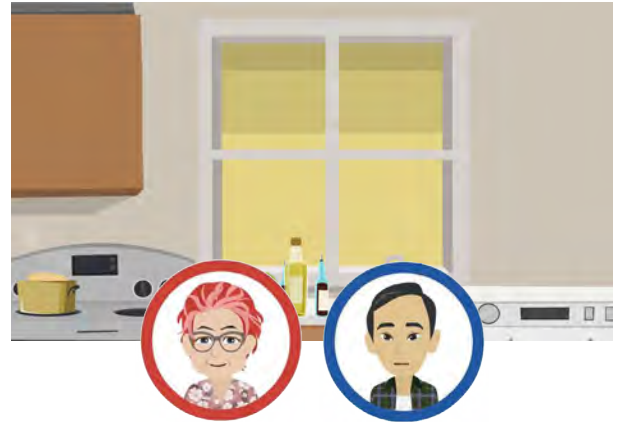
Vocabulary Alert!

Layla tells Monica that she worked hard to be a **flyer** (say “fly-er”). In cheerleading, a flyer is the person who is at the top of the pyramid and in the air during stunts. Learn more about cheerleading at usacheer.org/ and watch the 2022 Team USA in action at go.ncsu.edu/youtube.cheer.flyer.

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Part 1: Lessons Learned

What did you learn about each of these characters during Episode 5?



What did the characters do or say that helped you to learn more about them?

In Episode 5, Scene 2, Monica's grandmother says, "It may seem like your dad is being unfair but it is all out of love for you, Monica. You must understand, your father has lost a lot." Why do you think Monica's grandmother brings up her father's past at this moment?

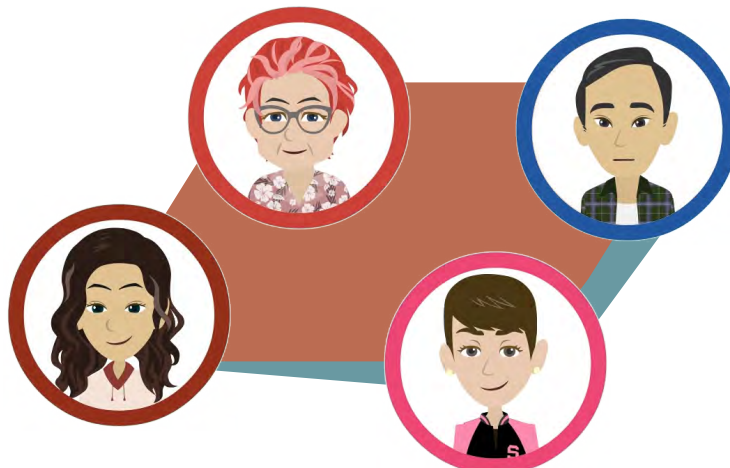
Does knowing more about Layla, Monica's father, or Monica's grandmother change how you think about them? Explain.

Part 2: Things Left Unsaid

Sometimes, we learn about people from the things that they do not say or do. What are some important times in Episode 5 where Monica doesn't say or do what you would have wanted?

What do we learn about Monica during these times?

What three words would you use now to describe each of these characters? Explain.

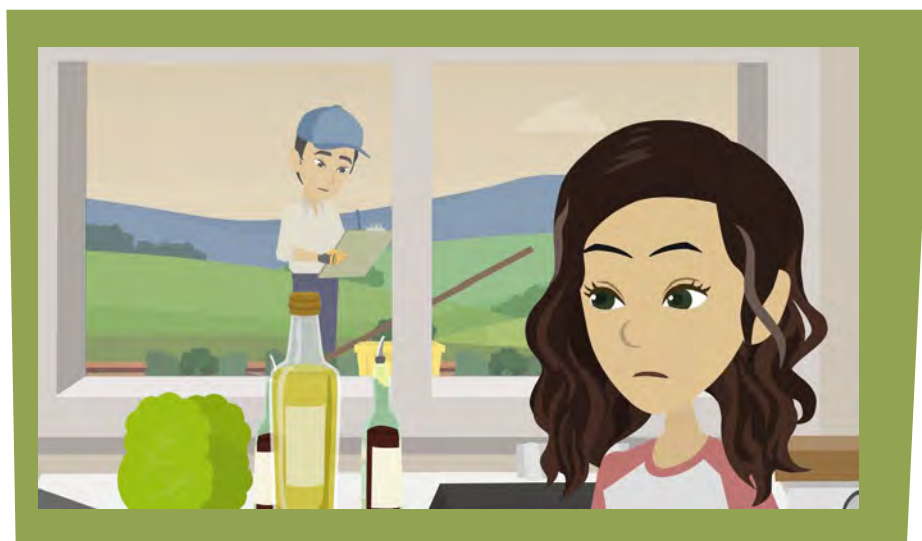


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“Context” means all the circumstances, conditions, facts, or things around a situation or action. How might context change the way we think about someone’s behavior?

Should context change how we think about someone’s behavior?

How can you fairly hold someone accountable for their behavior?



Family Fun!

Music can be a powerful tool for learning more about your family members. Music can remind us of people, places, events, or feelings that are important in our own lives. Music can also inspire us for the future. As a family, create a playlist of music that holds special meanings for you. It is not important to find music that everyone likes. It is important that everyone is allowed to contribute. Talk about how each piece of music relates to your family’s context.

Were you surprised by any of the suggestions from your family members? What did you learn about your family through this activity? What did you learn about yourself?